

Sai Vibrionics Newsletter

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"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva
...Sri Sathya Sai Baba

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☪From the Desk of Dr Jit K Aggarwal ☪

Dear Practitioners

It is only when one begins to have a glimpse of basking in the glory of the Guru that one experiences pure bliss and enlightenment. How fortunate are we to have none less than the Lord Himself as our Guru. The word Guru has its roots in Sanskrit and it means 'the one who expels darkness'. I believe that faith in **one's own** Guru is paramount! It is only through unconditional faith in the Guru that one receives the 'ultimate' light.

I am pleased to be writing to you close to the festival of Guru Purnima, one of the most auspicious occasions in Prashanti Nilayam. May our hearts turn even more strongly and with greater devotion to our Beloved Lord, Bhagawan Sri Sathya Sai Baba, Healer of healers. May we all pray to be bathed in His light of Love and Service at this very special time.

It gives me immense joy to share with you that the Vibrionics program is going through a great progressive evolution as a direct result of harnessing the power of collaboration. In the last newsletter, I had reported that regular meetings had been scheduled by groups of practitioners in India, UK and USA for continuous development and learning. Not only have some of the meetings taken place but these have proved to be a resounding success in terms of outstanding attendance and content.

The meetings were very structured. Senior practitioners made presentations on highly enriching topics relating to diet, body systems, vital organs, remedies and combos. Practitioners shared their success with purpose made combos such as the energy combo and cortisol combo (for more details, please refer to In Addition section of this newsletter). The importance of a healthy diet for sustaining a healthy lifestyle was emphasized and discussed in depth. Additionally, various prescriptions for managing severely debilitating chronic illnesses such as lupus and obsessive compulsive disorder were shared by those who had success with them. Some meetings also included discussion on advanced subjects such as compatibility of Radionics & Vibrionics and transmutation of negative energy into positive energy through the power of love, gratitude and forgiveness.

Another significant initiative that has taken off exceptionally well, thanks to the efforts of Practitioner^{03531...UK}, is the migration of our Practitioner records to a cloud-based database for seamless remote access for the admin team and all coordinators and teachers. We anticipate the roll-out to be completed over the next few months.

Given the rhythm and the pace at which we are progressing steadily towards evolving into a world-class free-to-patients alternative healthcare-delivery institution, I am very confident that Vibrionics will, in times to come, emerge as a mainstream therapy of choice across the globe. I am truly humbled to be around to see the magnificent shape and form Swami's Vibrionics mission has taken in our lifetime. The credit goes

to all those who have been rendering seva to the vibrionics mission! I am reminded of Professor N. Kasturi's words from the Preface to Swami's Prema Vahini where he says "...while enjoying the thrill of sadhana (spiritual practice) prescribed here, you are responding to the majesty of the very Ocean of Mercy."

In loving service to Sai
Jit K Aggarwal

☞ Case Histories Using Combos ☞

1. Vertigo, Sinusitis ^{03524...USA}

A 45-year-old man had been suffering from Vertigo for the past 3 years. His doctor treated him with different allopathic drugs, but he did not find relief. He felt dizzy when he got up from bed or when he moved his head quickly. On some days his condition was very bad and his head reeled, making him afraid to drive the car. The patient believed he had some water in the inner ear that caused vertigo.

He also had frequent bouts of sinusitis over the past four years, possibly caused by allergies. His sinuses would become inflamed and at times it was difficult for him to breathe through the nose. He had resorted to over the counter (OTC) medications whenever needed. On 18 July 2015 he was given the following remedy:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC18.7 Vertigo + CC19.2 Respiratory allergies...TDS in water

The 1st dose of the TDS regime consisted of the remedy taken every 10 minutes for 1 hour. The 2nd and 3rd doses were regular single doses. The practitioner also demonstrated *Jala Neti Kriya* (simple saline nasal irrigation technique, commonly known as *Neti*), which he followed during the weekends. He was also suggested a spiritual affirmation, "I am healed, thank you Lord", while holding the remedy under his tongue for a minute. He was not taking any allopathic medicine for vertigo during vibrionics treatment. However, he continued to occasionally take OTC medication for sinusitis when it was unbearable.

The treatment worked like a miracle and in two weeks there was 50% improvement of vertigo and 60% in sinusitis. He felt that along with vibrionics, *Neti* was also helping in improving his sinusitis. The dosage was now reduced to the regular TDS. By the end of August he was not afraid of driving and there was 80% improvement in vertigo and over 90% in sinusitis. By the end of September he was completely cured of both vertigo and sinusitis.

The patient discontinued the vibrionics treatment in mid-October 2015 as he felt completely cured, nor did he require OTC medication for sinusitis. As of June 2016, he has not had a relapse of either condition.

The practitioner's comments:

According to the patient's wife, one day she had seen the pearls spilled near his bed. She wanted to get more from the practitioner but her husband took this as sign that Swami had cured him completely and he did not need to take more pearls. The patient is so happy with Sai Ram Healing Vibrations that he is recommending vibrionics to his friends.

2. Osteoarthritis ^{03524...USA}

An 80-year-old lady sought the practitioner's help for treatment of her chronic knee pain. She had been affected by osteoarthritis of both knees for almost fifteen years. The tendons below both her kneecap were inflamed. The knees were also stiff with very little flexibility and the difficulty in bending them made walking very hard. She had a few steroid shots but these did not help and her inability to walk caused depression. She was taking a daily dose of aspirin 325mg. When the practitioner mentioned that Sai vibrionics could help her, she was thrilled and immediately asked the practitioner for treatment.

On 15 Nov 2015, she was given the following combo:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC20.1 SMJ tonic + CC20.2 SMJ Pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.6 Osteoporosis...QDS

She continued taking a tablet of aspirin 325mg during vibrionics treatment. In three weeks she felt 50% improvement in pain and flexibility and reported this to the practitioner with great excitement. When she came to pick up her refill she was walking much better. In mid-December her dosage was reduced to **TDS**. After another month she reported 80% improvement in pain and flexibility, so the dosage was further reduced to **OD**. In two weeks her condition improved further to 90% and after another month, she was completely cured. The treatment was then discontinued. As per the update in June 2016, the patient has been walking without any pain and there is no sign of relapse. She is no longer taking aspirin for knee pain. However, she is taking a low dose of aspirin 81mg as a prophylactic for heart attack and stroke.

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3. Insufficient Breast Milk ^{03526...USA}

A 24-year-old lady, an acquaintance of the practitioner, had heard about Vibrionics and came to seek help for dwindling breast milk for her three-month-old baby girl, her first child. Her breast milk production was reducing fast and her doctor had merely suggested giving the baby bottled milk. However, she wanted to continue to breast-feed. She also suffered from Carpal Tunnel Syndrome since her early pregnancy time, possibly due to computer work at office. This caused pain in her left arm and was prescribed painkillers by her doctor.

She had a healthy lifestyle and a supportive family. Past history of the patient did not show any major health issues. After delivery she had quit her job to take care of her baby. The following combo was given on 19 July 2015.

#1. **CC8.1 Female tonic + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.3 Arthritis...TDS**

After a week the patient reported that her breast milk supply had improved and that it was now sufficient for the baby. She seemed very happy with the outcome. After four weeks the patient called the practitioner asking for a refill. She reported that her remedy finished three days ago and she had already noticed the breast milk production dwindling. She wanted to restart taking the remedy immediately. A revised combo was made, dropping **CC20.3 Arthritis** as she felt her wrist pain would improve since she had quit her job and there was also the painkiller to help her. The patient was mainly interested in taking care of the breast milk issue.

#2. **CC8.1 Female tonic + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS**

The patient continued to take the remedy until her baby was 11 months old, when she switched to solid foods.

The practitioner comments:

The patient was not sure of what to expect from vibrionics, but she experienced amazing results. For an unexplained reason she preferred the allopathic pain medicine and was not so keen on getting her wrist pain taken care of with vibrionics. Hence she did not find major improvement for that condition and I removed the Arthritis remedy for Carpal Tunnel.

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4. Severe Constipation ^{03526...USA}

The patient was a 15-year-old girl who suffered from severe constipation for the past 5 years for unknown reasons. When she visited her doctor for severe stomach pain, she did not realise that her pain was due to constipation. The doctor suspected Helicobacter pylori infection and treated her with antibiotics. In her subsequent visit, the doctor examined her abdomen and found a lot of compacted stool. Several attempts with laxatives including milk of magnesia would only relieve her symptoms temporarily. In addition to abdominal pain and bloating, at times there was pain in the head behind the ears. Once the doctor had to insert a tube through her nose into the digestive track to clear her of the compacted stool. The doctor commented to the parents that they cannot expect a cure from allopathic medicine and should look into some alternative treatment.

The father of the girl came to the practitioner on recommendation from another Sai devotee. At the time of the visit, she had pain in the stomach and bloating. During the first visit the practitioner observed that the patient was otherwise a very healthy and bright girl who followed a good diet and lifestyle. She occasionally suffered from sinusitis and in the past she had issues with adenoids that were surgically removed. She came from a deeply spiritual family, had no mental worries and was known to be a happy teenager.

On 17 January 2016, the practitioner prescribed the following remedy:
CC4.4 Constipation + CC12.2 Child tonic...TDS initially for a duration of two weeks.

After a week the patient's father reported that within two days of starting the treatment his daughter became perfectly normal. Her stomach pain and all the discomfort had disappeared. Remedy was continued at **TDS** for another week followed by **BD** for a month and then **OD** for another month. This was further reduced to maintenance dosage **OW** for six months. As per follow-up at the end of May 2016, there was no return of the condition and she was continuing the maintenance dosage.

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5. Severe travel sickness in a child ^{03527...France}

A three-year-old boy suffered from severe travel sickness since he was 18 months old, from the time he could sit upright and travel. After 10-20 minutes of starting to travel by car he would become very sick, feel uncomfortable, turn pale and would start vomiting. He had not received any treatment for this condition. As he was going on holiday with his grandparents, the grandmother of the child asked her vibrionics practitioner for a remedy. Since the journey was more than one hundred miles, it would have been a real problem for the grandparents to cope with a sick child., the following remedy was prepared: As the little boy was of nervous disposition, the following remedy was prepared on 9 April 2016:
CC15.1 Mental & Emotional tonic + CC17.1 Travel sickness...a dose to be taken as often as needed.

Grandmother preferred to give the remedy in pills (not in water as advised). On the day of travel, one dose was administered an hour before start of journey, another one at the time of departure and then a dose every ten minutes during the first hour of their trip. The boy developed no sickness symptoms at all, he was perfectly normal and they all enjoyed the journey. It was a 100% success. The same protocol was adopted for the return journey with the same result. The grandmother left the vial of pills with the mother who used this remedy with success on subsequent trips.

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6. Vitiligo ^{02840...India}

An 8-year-old boy suffering from vitiligo with depigmented patches spread over legs, hands and face for the past three years, came to the practitioner on 26 August 2015. In the past, he had consulted a skin specialist who prescribed vitamin supplements, tablets, and ointments. During this treatment the patient developed side effects like vomiting, red boils on the white patches and swelling on the body and no improvement in his condition. Hence, the parents decide to switch to ayurvedic treatment, which was in the form of powder to be taken orally and oil to be applied over the patches. This was continued for one and a half years. Although there was some improvement, the parents were not satisfied with the progress of the cure. They heard of Sai Vibrionics and learnt that the system was blessed by Sai Baba. Being Sai devotees they decided to proceed with vibrionics treatment for their son. He was treated with the following remedy:

CC15.1 Mental & Emotional tonic + CC21.2 Skin infections + CC21.3 Skin allergies...6TD for three weeks, **QDS** for the next three weeks followed by **TDS**

The above combo was also given in vibhuti **BD** for topical application on the affected areas.

After eight weeks of treatment, all the white patches on his face had cleared completely with normal pigmentation having been restored. The colour of patches on his hands and legs appeared almost normal, indicating a 90-95% improvement. Dosage was reduced to **OD** for two weeks and thereafter to **OW**. After thirteen weeks of treatment his hands and legs looked completely normal, indicating 100% healing of vitiligo. He was advised to continue the remedy **OW** along with application of vibhuti. As no depigmentation of skin was observed, in May 2016, the maintenance dosage was further reduced to **once a month** and topical application was stopped.

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7. Peeling skin ^{11572...India}

When a 30-year-old woman, working as a domestic help, approached the practitioner on 4 January 2016, both her hands were itchy, severely painful, sore, and swollen and the skin was peeling off. The fingers appeared nearly double their normal size. She was in a distressed state. When the condition first started over fifteen days ago, she visited her doctor who prescribed oral medication. As there was no improvement after 15 days, she stopped the tablets and came for vibrionics treatment. She was given

For external application:

#1. **CC21.2 Skin infections + CC21.3 Skin allergies + CC21.6 Eczema....**in water to be applied **6TD**

For oral intake:

#2. **CC8.1 Female tonic + CC10.1 Emergencies + #1...6TD**

In six days the patient's hands were 100% healed of all the symptoms. She continued the treatment at a reduced dosage of **TDS** for another fifteen days. As of May 2016 the patient has not had a relapse of the skin condition.

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8. Diarrhoea ^{11570...India}

A 50-year-old security guard suffering from stomach ache and diarrhoea for the past three to four days requested vibrionics treatment on 25 May 2015. The weather was hot and upon enquiry, the practitioner found that he had been drinking tap water at the local park. He was treated with the following combo: **CC4.6 Diarrhoea + CC4.10 Indigestion + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...every ten minutes** in water for one hour

If the problem persisted he could continue the same dosage for another hour followed by **6TD** in pills for a day. He was advised to drink only filtered or boiled water. The patient was not taking any other medication for diarrhoea. He made a full recovery by the following day. The dosage was reduced to **TDS** for a day, then to **BD** for another day, after which he took it **OD** for a week.

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9. Facial Paralysis, Neurosis ^{11576...India}

A 30-year-old man approached the practitioner on 3 Dec 2015 for treatment of severe pain and partial facial paralysis with total numbness of his left cheek. He is a video jockey in a popular TV channel and his job involved extensive speaking. He mentioned losing self-esteem and having panic attacks that made him excessively anxious and fearful. He was also getting a lot of negative dreams and psychic disturbances.

All his symptoms started over three weeks ago when his doctor treated him with 400mg Ibuprofen QDS. After 4 days there was no improvement in his condition, so he consulted a homoeopath. He was given Spigelia & Chamomilla which he took for three weeks and as there was no relief, these were discontinued. Using a pendulum, the practitioner identified the problem to be of psychosomatic origin related to evil eye and black magic curse with entities. The patient was given the following vibrionics remedies:

For Facial Paralysis:

#1. **CC3.7 Circulation + CC17.2 Cleansing + CC18.4 Paralysis + CC18.5 Neuralgia + CC20,4 Muscles & Supportive tissue... in water every 15 minutes, dosage reducing on improvement**

For Neurosis:

#2. **CC10.1 Emergencies + CC12.1 Adult tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic...TDS** in water

After two hours, the patient felt that his face was better, so he reduced the dosage to **TDS**. After three days there was 80% improvement in facial paralysis. The numbness had reduced sufficiently to enable the patient to resume his work as a video jockey. After a month, the patient showed 95% improvement in his paralytic face. In two months a complete recovery from all symptoms of facial paralysis was reported.

His symptoms of neurosis had improved by 25% within five days and by 50% in two weeks. In three weeks the patient reported a complete recovery from all symptoms of neurosis. He was no longer getting negative thoughts and dreams.

As of April 2016, the dosage of both remedies had been gradually brought down to **OW**. The patient was in a good state of mind and free of all symptoms.

Patient's comments: My life had come to a standstill and homoeo medicines taken for 3 weeks had not helped. I am delighted that all my severe issues were addressed with Sai Vibrionics in a short time. With this non drug therapy I was able to resume work after a short span of suffering from very painful facial paralysis.

10. Wet Eczema from birth ^{01180...Bosnia}

A 12 year-old-boy suffering from chronic wet eczema with intense symptoms was brought to the practitioner on 14 Oct 2015. His problems started when he was just 3 days old. As one can see, the eczema had spread all over the patient's body (see pics). More specifically, the eczema was very itchy with transparent/yellow discharge which dried up and in turn made the skin extremely dry. When the dry skin started to crack, the patient experienced excruciating pain. As a result of scratching, the boy's body was covered with several painful wounds. The boy also suffered from blocked sinuses that resulted in breathing difficulty.



Initially the practitioner gave:

#1. SR389 Kali Bic 30C...every 4 hours, max 3 doses. This caused a major pullout the very next day, resulting in deterioration of the patient's condition, see pic.

To prevent further worsening of the patient's condition, the practitioner prepared the following remedy in cream* for external application:

#2. CC10.1 Emergencies + CC12.2 Child tonic + CC15.1 Mental & Emotional tonic + CC15.6 Sleep disorders + CC21.1 Skin tonic + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.6 Eczema ... TDS

*The ingredients of the cream base are ghee (clarified butter), coconut oil, wax, calendula oil, Echinacea oil, Symphytum oil and vibhuti.

Additionally, the practitioner gave the following remedy to overcome the fear of pain:

#3. SR543 Agaricus Mus 30C...OD when needed

On 27 October, the patient reported a significant improvement of the condition; however, there was a new eruption around the eye. For this, the practitioner prescribed the following remedy:

#4. SR249 Medorrhinum 30C... every 4 hours, max 3 doses daily.

Initially the condition had worsened and then improved. On 7 November, the patient informed that pain had reduced greatly. The cream based remedy had been so effective in keeping the pain under control that the boy was able to attend school (see pics).

The practitioner prescribed:

#5. SR218 Base Chakra...OW for 4 weeks.

On 21 November, the patient indicated that his nose was terribly itchy, sinuses were blocked, and the nasal discharge was stiff and whitish. So the practitioner re-introduced **#1...OD** and gave additional remedies as follows:

#6. SR331 Bacillus-7...single dose



#7. SR333 B. Morgan...single dose



One week later, the practitioner observed small white spots on the patient's wrists and ears. Suspecting the cause to be Streptococci, he gave:

#8. SR316 Strep...OD for 21 days and after 7 days break, **OD** for another 21 days

#9. NM101 Skin-H + NM102 Skin Itch...TDS

On 11 February 2016, the eczema had almost completely disappeared, the pain was gone, the patient's appetite was now normal, and overall he was feeling very much better.

The boy's mother got his tonsils checked and the doctors discovered that only 30% of the streptococci remained on the tonsils. The practitioner gave:

#10. Sulphuricum Acidum 30C from homoeo store...**every 4 hours**, total 3 doses and repeated **#8...OD** for 21 days.

In March 2016, when the boy went with his mother to see their family physician, he was speechless upon seeing the miraculous healing (see pics).



11. Chronic Cervical Spondylosis ^{11569...India}

A 62-year-old man came to see the practitioner on 6 April 2015 with complaints of weakness and acute sharp pain. Due to chronic cervical spondylosis for the last 15 years, he had pain in both the shoulders and legs, especially calves, every day, early in the morning and late at night. His X-ray report indicated osteophytes in the lower and cervical spine regions. He did not take any medication except for daily massage at home for some relief.

Following combo was given:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.1 SMJ tonic + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...TDS. He took the remedy in pills in office and in water when at home. He decided to stop the massage.

After one week, he reported considerable boost in his energy level. He said on telephone that he had 90% relief from shoulder pain on waking up in the morning but only 50% at night. The pain in the legs got relieved by 50% both in the morning and at night. As the patient felt more comfortable with higher dosage, it was increased to **6TD**.

After eight weeks, towards end of May, he reported 90% relief in pain in shoulders as well as legs and good energy levels. The dosage was reduced to **TDS**. By the end of June, he felt 100% relief from his pain. About mid-July, he ran out of pills as the practitioner was out of town. At the end of July, he reported on phone that his pain had recurred.

Another bottle of remedy was sent to him, to be taken **TDS**.

Towards the end of August, he again reported 100% relief from all pains but he continued the **TDS** dosage. In the autumn, he got hospitalized suddenly for another ailment and felt compelled to stop the vibro remedy. In October, he was diagnosed with Typhoid and TB Meningitis. The patient is bed ridden in the hospital and is under allopathic treatment.

As of May 2016 the patient confirmed that he had no pain in shoulder and legs.

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12. Food Allergy ^{03522...Mauritius}

A 46-year-old man suffering from food allergies came to the practitioner in May 2015. Five years ago, he developed an allergy to canned foods which manifested as itchy skin with red patches on his arms, neck, and chest. Two years later he started developing the same symptoms when he consumed dried fruits, nuts, chilli, dairy products and food containing gluten or preservatives. Fourteen months ago, small bumps started to appear inside his mouth and on the gums. Whenever he consumed any of the above foods, his symptoms became worse. His doctor had ordered a food intolerance test, which turned out to be positive, and it was confirmed that he was allergic to all the above foods. He eliminated these from his diet and the allergy lessened to some extent. His doctor prescribed anti-allergic allopathic medicines, mouthwash and ointment but his condition did not improve much; so he stopped this treatment. On 30 May 2015, the practitioner gave him:

For itchy skin with red patches:

#1. CC21.2 Skin infections + CC21.3 Skin allergies + CC21.7 Fungus...TDS

For small bumps inside mouth:

#2. CC4.10 Indigestion + CC9.2 Infections acute + CC11.5 Mouth infections + CC12.4 Autoimmune diseases + CC15.1 Mental & Emotional tonic...6TD

After two weeks the patient reported a 50% reduction in oral bumps and he was completely free from itchy red patches on his body. He no longer had allergic reaction to dairy produce. The dosage of **#1** was reduced to **OD** and **#2** was reduced to **TDS**. After one month, there was an 80% improvement in oral bumps. After five and a half months, on 14 November 2015, the patient reported that he was completely cured of the bumps in his mouth; so the dosage of **#2** was reduced to **OD**. The dosage of **#1** was tapered down to **OW** before stopping it in January 2016. Patient is very happy that he is completely free of his food allergies. As of 30 May 2016, the patient has not had a relapse of any of his symptoms. He continues to take **#2 OD**.

Practitioner Profiles

Practitioner ^{03524...USA} has been an enthusiastic devotee of Sai Baba since she first heard of Him from Dr Bhagavantam in the early 1980s. Visiting Prashanti Nilayam yearly, she has participated in seva with the Sai Gram Seva Trust and the Sai Sevalad volunteers, joining with them in on-going cancer screening and diagnostic medical camps for rural folk in the poorer disadvantaged districts of Telangana and Andhra Pradesh, India.

She learnt of Sai Vibrionics from a friend and thought it was her calling. After completing her AVP training in May 2015 she started treating people, most of them with great success. She is very grateful to Swami for giving her the opportunity to help many patients with chronic diseases such as GBS, Rubinstein-Taybi syndrome, stroke, COPD, rheumatoid arthritis, heart problems, severe back pain, large tumours etc. Feeling privileged to be an instrument of Bhagawan, she accepts patients at all hours, respecting their needs.

Stressing the spiritual nature of healing, she chants the Sai Gayatri mantra while making remedies. She advises her patients before taking their remedy to shake the bottle while chanting a prayer of their choice. Additionally she suggests they take the remedy with complete faith, affirming, "I am healed in body, mind and soul; thank you Lord!" Occasionally she sends patients to a senior practitioner for broadcasting which has helped in many cases.

When treating a patient, she mentally sets up an imaginary triangle placing the Lord as its apex and herself and her patient at each corner of the base. Some have reported relief within a day or even a couple of hours. The spiritually inclined have experienced healing at all levels, physical, mental, emotional and spiritual, even reporting improved focus in meditation and greater contentment.

She frequently uses the following two combos:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine + if a female over 55, CC20.6 Osteoporosis for relief of arthritic pain

#2. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities for emotional issues

The practitioner considers these two combos to be miracle cures sent by the Lord. She has also witnessed wonderful healings with the **Move Well** combo from the wellness kit. Once a woman with severe backache had managed to slowly walk down the steps to get her pain medication and also the **Move Well** combo pearls. She took the pearls first and started resting, planning to take the pain killer after fifteen minutes. To her surprise she found relief before the fifteen minutes had passed. Hence, she took another dose of the pearls and the pain completely disappeared. On another occasion the practitioner noticed a woman unable to walk to her car at a Sai retreat and so offered her the **Move Well** remedy, which the woman held as she hobbled along to her car. Resting in the car for 5-10 minutes with the remedy not yet taken, only held in her hand, lo and behold, her pain vanished! She felt this had to be God's miracle.

The practitioner has become passionate about her service with Sai Vibrionics, feeling it uplifts and nurtures her soul, conferring great inner satisfaction. In her practice she recites the Sai Gayatri mantra thousands of times, thus aiding her spiritual evolution. She expresses heartfelt gratitude to Bhagawan for giving her this opportunity to transform herself, through working with love from her heart.

Cases to share

- **Vertigo, Sinusitis**
- **Osteoarthritis**





Practitioner ^{03526...USA} fascinated with alternative medicine since boyhood, became accomplished in homoeopathy at the age of 18. He also dabbled in acupressure and magneto therapy. As a student in Prashanti Nilayam, he had the good fortune to practice homoeopathy at Sathya Sai Hostel. After relocating to the USA he limited his practice to family and friends until 2015. He first heard of Sai Vibrionics system of healing when he chanced upon the Souljourns interview with Dr and Mrs Aggarwal. He immediately inquired, enrolled and completed his AVP certification in May 2015. One year later, he advanced to the VP level and now happily anticipating SVP training. Having discovered the clear guidelines laid out in practicing vibrionics and the ease of preparing remedies, he completely switched over from homoeopathy, later to discover a higher rate of success with this new system.

The practitioner listens carefully to his Guidance when with prospective patients. Only when innerly prompted does he talk about vibrionics service leaving the decision for

treatment to the patient. Believing all patients are sent to him by God, he entrusts their welfare to the Lord. Therefore he doesn't hesitate to treat a huge array of maladies such as allergies, autoimmune diseases, autism and Parkinson's.

The practitioner continues to be amazed at some of the miraculous cures he has witnessed, particularly from **CC4.4 Constipation** and **CC15.1 Mental & Emotional tonic**, the latter significantly reducing emotional baggage like repressed anger, resentment, prolonged stress and anxiety.

Over months of practice, he has recognized the importance of two qualities in a patient for quick recovery - faith in vibrionics and discipline in taking remedies. The absence of these qualities reduces the odds of healing. With this understanding the practitioner encourages his patients to read the published case histories and watch the educational video posted on the website: www.vibrionics.org. These recommendations, along with actual success stories from the practitioner, inspire hope and faith in patients, encouraging discipline in following the protocol of taking the remedies. He has discovered the necessity of patience, so he advises his patients to continue their remedy with faith and discipline as long as needed for healing to take place.

He considers himself privileged to be an instrument in the hands of the Divine, serving Swami with this His own healing system. Considering this service his duty, he is convinced that God alone is the healer and His Will prevails, eliminating the ego's tendency to claim credit for any beneficial result. With his growing number of patients he feels his practice is assisting both his own and his patients' spiritual growth. The patients are deeply moved and appreciative of his selfless service, as the practitioner continually strives to be a better instrument in His hands.

Cases to share

- **Insufficient Breast Milk**
- **Severe Constipation**

☞ The Answer Corner ☞

1. Question: *Would parallel treatment with allopathy and vibrionics for chronic conditions like diabetes and hypothyroidism produce faster results? Can this be detrimental in any way?*

Answer: In general, vibrionics, if given along with allopathy, will speed up the cure. This would apply also in the case of chronic conditions mentioned. However, at the time of taking the remedy the parameters in question would move in the right direction although these could go too far, for instance, the blood sugar could come down and cause hypoglycaemia or the BP could come down and cause hypotension. So the practitioner should proceed with caution and perhaps start with a lower dosage like OD instead of the normal TDS and then increase gradually. He should also make the patient aware that such a situation could occur.

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2. Question: *I have a female patient aged 32 with skin allergy, who received allopathic pills as well as three different kinds of ointments. First ointment for hand and body containing Dermovate steroid is categorized as the strongest. Second for face contains hydrocortisone and has weak effect whereas the third, also for face, contains Voalla steroid and has strong effect. All three also include Gentamicin, an antibiotic. In order to remove the side-effects of the creams, can I make one nosode for all three together or should I make a separate nosode for each cream?*

Answer: Each ointment has its own efficacy, side-effects, usage, limitation etc. For this reason, the doctor has prescribed three *different* creams. However, a nosode made in a vibrionics potentiiser works differently. When we take a combination remedy, each vibration in the combo automatically finds its target and acts on it. In this way, it helps to counteract the side effects of that cream. So, it stands to reason that it is sufficient to make one nosode from a sample containing a mixture of all three creams. It should be as effective as three different nosodes but easier for the practitioner to make and more convenient for the patient to take.

3. Question: *Is it safe to have a Wi-Fi connection at home without affecting the vibrations in the remedies?*

Answer: The International Agency for Research on Cancer, part of the World Health Organization, classifies lead, chloroform, gasoline fumes, or the pesticide DDT and more than 250 other agents as Class 2B Carcinogens – possibly carcinogenic to humans. Another entry on the same list is radiofrequency electromagnetic fields, the main sources of which are radios, televisions, microwave ovens, cell phones and Wi-Fi devices.

It is considered that Wi-Fi connection has much less negative influence compared to a mobile phone. The following excerpts from an article published in The Guardian of UK on 27 September 2012 throw some light on this:

“.....the mobile phone must be the first thing to go. In use, the phone is held close to the brain, while the Wi-Fi router may well be in another room (inverse square law). It has been estimated that you get a bigger dose of microwaves from one 20-minute phone call than from a year's of Wi-Fi.

.....Twenty laptops and two routers is roughly equivalent to one mobile phone.

.....Aluminium foil works as a simple Faraday cage and you can test this by wrapping a mobile phone in foil and then dialling it from another phone. If you get "unobtainable" tone, it worked.”

In the light of the above information, there is no concern about Wi-Fi connection but the remedies should be kept a good distance (at least one metre) away from the source of radiation which in this case is the modem.

4. Question: *Please can you outline the procedure for broadcasting using the SRHVP?*

Answer: First set potency to 200C. If you wish to broadcast vibration of a single card, then insert the appropriate card in the slot. If you want to broadcast a mixture of vibrations, put the bottle containing the combo in the SAMPLE well. In the REMEDY well, put the witness of the patient; this can be his bloodspot or a lock of his hair or his photograph. Broadcasting for 10 minutes constitutes one dose; for **TDS** dosage, you need to do this three times a day. If you are not satisfied with the progress of the cure, use 1M potency as our recent findings have indicated better results with this higher potency.

5. Question: *Should CC17.2 Cleansing be combined with other vibrations to be part of a larger combo OR should this always be given separately?*

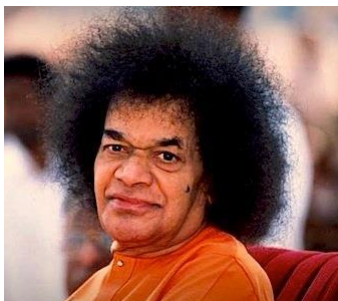
Answer: CC17.2 Cleansing can certainly be combined with any other remedy or even given on its own since in general, it does not produce a pullout. However, if a patient has accumulated a lot of toxins as a result of taking many antibiotics or other pharmaceutical medicines or hard drugs, or exposure to radiation, excessive environmental pollution or chemicals, then there is a greater likelihood of some pullout. In such cases, it is recommended to start with a low dosage.

For the users of SRHVP, there is a choice of other Cleansing remedies like NM72 Cleansing, SM14 Chemical Poison and SM16 Cleansing which when given singly have a potential for strong pullout. Hence the practitioner should dispense these with caution.

6. Question: Can vibrionics be used to treat primary sclerosing cholangitis?

Answer: Certainly, use this combo: CC4.2 Liver & Gallbladder tonic + CC4.6 Diarrhoea + CC4.11 Liver & Spleen + CC12.4 Autoimmune diseases + CC21.4 Stings & Bites.

For users of SRHVP: NM2 Blood + NM22 Liver + NM102 Skin Itch + NM113 Inflammation + BR12 Liver + SM5 Peace & Love Alignment + SR282 Carcinosis + SR284 Chelidonium 30C + SR340 Aloe Socotrina 30C + SR504 Liver.



☪Divine Words from the Master Healer ☪

"Before embarking on a service project one must introspect and examine his equipment for the Sadhana - whether his heart is full of selfless Love, humility, compassion, whether his head is full of intelligent understanding and knowledge of the problem and its solution, whether his hands are eager to offer the healing touch, whether he can gladly spare and share time, energy and skill to help others in dire need."

...Sathya Sai Baba, "Equipment for service" Discourse November 21, 1986
<http://www.ssbpt.info/ssspeaks/volume19/sss19-25.pdf>

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"Try earnestly to live long, without falling into the hands of medical practitioners. When they give you one injection, they keep another ready to counteract its reactions! While trying to cure one disease, they cause a dozen more. Moreover, the drugs they recommend are mostly spurious, since manufacturers want to amass a fortune by hook or by crook. Most illnesses can be cured by simple living, simple exercises and by intelligent control of the tongue. Live long so that you witness the career of the Avatar for years and years."

...Sathya Sai Baba, "Good Health and Goodness" Discourse 30 September 1981
<http://www.ssbpt.info/ssspeaks/volume15/sss15-21.pdf>

☪Announcements ☪

Forthcoming Workshops

- ❖ **India Kasaragod, Kerala:** AVP Workshop 2-3 July 2016, contact Rajesh at sairam.rajesh99@gmail.com
- ❖ **India Bangalore, KA:** Refresher seminar 10 July 2016, contact Shekhar at rsshekhara@aol.in
- ❖ **India Puttapparthi:** AVP Workshop 14-18 July 2016, contact Hem at 99sairam@vibrionics.org
- ❖ **USA Shepherdstown, WV:** AVP workshops 15-17 July & 14-16 October 2016, contact Susan at trainer1@usa.vibrionics.org
- ❖ **UK Oxford:** Refresher seminar 31 July 2016, contact Jeram at jeramjoe@gmail.com
- ❖ **USA Shepherdstown, WV:** SVP workshop 16-18 September 2016, contact Susan at trainer1@usa.vibrionics.org
- ❖ **UK Oxford:** SVP workshop 7-9 October 2016, contact Jeram at jeramjoe@gmail.com

∞In Addition∞

Practitioner meetings are playing an instrumental role in the evolution of Vibrionics

As mentioned at the beginning of this newsletter, several practitioner meetings have been held in UK, India, and USA (in the US via conference calls, due to huge geographical distances). These will continue to take place regularly and play an instrumental role in the evolution of the Vibrionics platform.

Vibrionics being an integrated form of healing, success of this treatment involves building awareness amongst both, practitioners and patients, on the various facets of treatment protocol. These meetings were conducted with that end in mind and as such, several varied and interesting topics came up and rich discussions were encouraged. Some of the key messages from these meetings are provided below.

1. A common discussion point in all the meetings revolved around raising awareness of Vibrionics so that more and more people could benefit from it. From results obtained by some very experienced practitioners, it was deduced that the key ingredient for success in attracting more patients and for achieving positive outcomes is to operate with pure dedication, absolute faith in Divinity and in the therapy, and a heart filled with love and compassion. Furthermore, creating a healing atmosphere with prayers and love is essential for continued success in vibrionics.
2. It is important that new patients are encouraged to visit our website and watch the Vibrionics introduction video. The practitioner should then discuss any doubts arising and answer their queries. This ensures that patients are well informed about vibrionics. It helps to strengthen their faith in the system, thereby resulting in higher success rate.
3. In order for practitioners to cleanse themselves from negative energy that they may have picked up during counselling and treating patients, they should make the ancient Hawaiian prayer called **Ho'oponopono** where the following four sentences are repeated together: **I am sorry; I love you; Please forgive me; Thank you.**
4. While treating patients, practitioners should operate in the spirit of complete surrender to the Divine and need not worry that they may not have identified and addressed all the symptoms and ailments. What is more important is, they dispense the remedies with love and silently pray "My work is over, now You please take over."
5. There were discussions on the important role played by liver, kidneys, adrenal glands and intestine in maintaining good health. Practitioners, while treating chronic diseases, should also consider adding remedies which would balance one or more of these organs. For instance, overload of toxins in the liver can cause cancer of say, breast, brain and blood; undigested food in the guts causes systemic inflammation resulting in food intolerances and diseases such as autism, Alzheimer, type 1 diabetes, obesity; malfunction of adrenal glands can lead to diabetes, high BP and depression etc.
6. The big take home message is that our genes are not permanently programmed i.e. they can evolve depending on our environment; mainly, influenced by what we take in through our five senses. Hence it is important that we make the right choices.
7. It is essential to educate patients on the importance of good diet, meditation, exercise, sleep, mindfulness, doing things joyfully. However it is important to defer making suggestions about diet and lifestyle until the practitioner establishes a rapport with the patient; any insensitive insistence at the initial appointment might put them off vibrionics.
8. Several specific combos prepared by practitioners and found to be highly effective and beneficial to their patients are given below:
 - **Cortisol combo: NM36 War + NM45 Atomic radiation + NM113 Inflammation + SM2 Divine Protection + SM5 Peace & Love Align + SM6 Stress + SR324 X-ray + SR348 Cortisone**
 - **Energy combo: NM2 Blood + NM12 Combination 12 + NM45 Atomic radiation + NM48 Vitamin Eye Comp + NM63 Back-up + NM67 Calcium + NM86 Immunity + OM1 Blood + OM28 Immune System + BR1 Anaemia + SM2 Divine Protection + SM5 Peace and Love Align + SM6 Stress + SM26 Immunity + SM41 Uplift + SR216 Vitamin E + SR223 Solar plexus + SR225 Throat + SR256 Ferrum Phos + SR281 Carbo Veg + SR306 Phosphorus + SR324 X-ray + SR360 VIBGYOR + SR361 Acetic Acid + SR494 Haemoglobin + SR509 Marrow + SR529 Spleen + SR561 Vitamin Balance**

➤ **Travel tonic: CC4.4 Constipation + CC4.6 Diarrhoea + CC4.8 Gastroenteritis + CC4.10 Indigestion + CC9.2 Infections acute + CC9.3 Tropical diseases + CC10.1 Emergencies**

9. In the case of allergies, since the immune system has weakened, adding **CC12.1 Adult tonic** and **CC12.4 Autoimmune diseases** to the regular combos such as **CC4.10 Indigestion** for food allergy, **CC19.2 Respiratory allergies** and **CC21.3 Skin allergies**, was found to be very successful.
10. US practitioners found that nosodes made from anti-allergy medicines, local pollen, food allergens or patient's sputum are very effective for relief of symptoms. Vibrionics remedies need to be taken over a long period of time (sometimes over months) for a complete cure.
11. Practitioners shared how they constantly felt Divine presence while treating patients. Not only was this reassuring but also very inspiring.
12. The main problem faced by many practitioners was that a large number of patients did not report back. Here it is important that the patient is given a card showing the time and date of the next appointment and to emphasize that they should let you know in advance, if unable to keep the appointment.

Om Sai Ram!

Sai Vibrionics. . .towards excellence in affordable medicare - free to patients